

# Greenwood Academies Trust Corby Primary Menu

Monday Week 3	Tuesday Week 3	Wednesday Week 3	Thursday Week 3	Friday Week 3
<b>Main Meal Choice</b>				
Pork Meatballs in Tomato & Basil sauce With Pasta Garlic Bread Mixed Salad	Minced Beef in Homemade Chilli con Carne Sauce Steamed Rice	Roast Chicken Breast Roast Potatoes Carrots Broccoli Gravy	Shepherd's Pie Mixed Vegetables Gravy	Cod Fish Fingers Jacket Wedges Baked Beans
<b>Vegetarian Choice</b>				
(V) Vegan Style Chicken Strips In Tomato & Basil Sauce With Pasta Garlic Bread Mixed Salad	(V) Vegetarian Chilli Steamed Rice	(V) Roast Quorn Fillet Roast Potatoes Carrots Broccoli (V) Gravy	(V) Vegan Sausage Steamed Potatoes Mixed Vegetables (V) Gravy	(V) Vegetable Pasties Potato wedges Baked Beans
Jacket Potatoes are served with either a mixed salad or a selection of daily vegetables.				
(V) Jacket Potato with Baked Beans	(V) Jacket Potato with Cheese	Jacket Potato with Tuna Mayonnaise	(V) Jacket Potato with Cheese	(V) Jacket Potato with Baked Beans
<b>Sandwich Selection</b>				
A selection of sandwiches with various fillings is available daily.				
Ham Sandwich	Tuna Mayo Sandwich	Roast Chicken Sandwich	Ham Sandwich	Cheese (Grated) Sandwich
<b>Dessert Choice</b>				
Vanilla Guisborough Biscuit	Jam Sponge	Banana Sponge and Custard	Pear Sponge and Custard	Asst Frozen Yoghurt
<b>A selection of Yoghurt, Fresh Fruit and Bread is available daily.</b>				
Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet. <b>All menu items are subject to availability.</b>				

