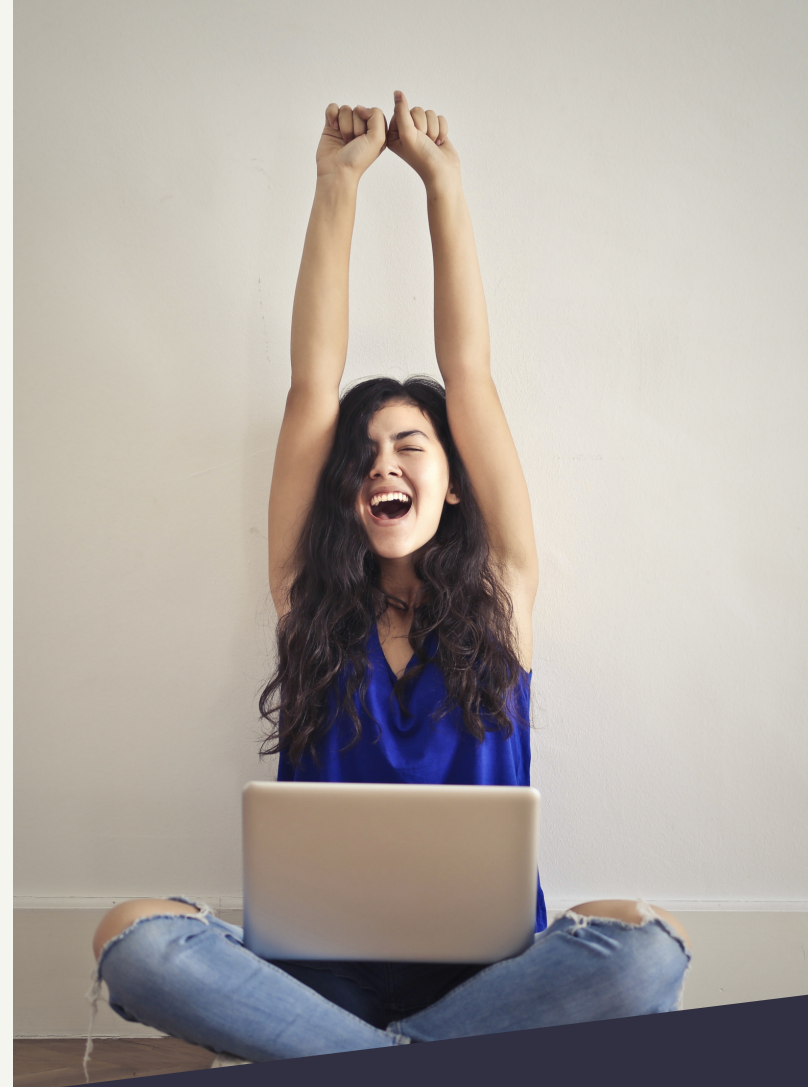


Responding to

# 'I can't do it!'

How can you help your children see obstacles and setbacks as opportunities for growth?



You are capable of solving challenging problems. Remember the time that you...

You don't know how to do it **YET**.

Learning is the goal, perfection is not.

Learning is making mistakes and trying again.

It's perfectly ok for parents to not know the answers to independent learning assignments! By saying you don't know, you can model the fact that you are still learning, and together you can work together to find a solution. Encourage your child to see a tricky task as a challenge rather than an obstacle.



If your friend said they couldn't do this task, what would you tell them to do?

Let's take a break.

Talk me through what you do understand.

What would your teacher advise you to do?

How could we break this into smaller chunks?

This reminds me of that time you said you couldn't do X. What did you do to tackle that problem?